FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page http://www-nehc.med.navy.mil/hp/index.htm

Friday FACTS

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1 March 2002

"Leadership, Partnership, and Championship"

Job Opening



<u>Tobacco Program Coordinator</u> - full time position to oversee and coordinate the Tobacco program for Camp Lejeune. Must have a bachelors degree in psychology, health education, counseling, or other related health science field.

<u>Health Educator</u> - full time health educator position for Pediatric clinic and Henderson Family Medicine clinic. Degree in health education, nursing, nutrition, or other health sci-

ence field required. Prior experience in health/patient education preferred. Incumbent will provide education to enrolled patients for new enrollees, clinical preventive services, disease management and other referred patients on a variety of topics.

Send resume to Genice Beightol via fax (910) 451-7593 or email ghbeightol@nhcl.med.navy.mil

Out of the Darkness

Suicide remains a public health problem and issue in the United States! To promote awareness of suicide, an overnight 26-mile walk will be held 17-18 August 2002 in Northern Virginia... To obtain additional information or to register for the Out of the Darkness event call 800-313-8535 or visit http://www.bethepeople.com



2002 National Health Observances

The National Wellness Institute's 2002 Calendar of National Health Obser-

vances is available to download free. Go to http://www.nationalwellness.org/ and click on "Free Resources"

Acetaminophen in children: Is it safe?

Acetaminophen, the active ingredient in Tylenol, Panadol, Tempra and many other medicines, has been a mainstay for pain relief and fever control since its approval for over-the-counter sales in 1960. Health professionals and the public have come to think of it as a safe and effective drug, and parents now give it to children more often than any other pain reliever. This has been especially true since the 1980s, when aspirin was associated with a rare but sometimes fatal disorder in children called Reye's syndrome. For additional information visit: http://www.mayoclinic.com/invoke.cfm?id=HO00002&si=1025



I don't think anything is unrealistic if you believe you can do it. I think if you are determined enough and willing to pay the price, you can get it done."

- Mike Ditka, former football coach.